

THE WOODHOUSE
experience



Welcome Home

The Woodhouse Day Spa[®]

*is your destination to relax, unwind,
and to let go, right here in your backyard.*

*Only in a state of relaxation will
the mind become free allowing you
to dream your best dreams.*

*Realize yourself and find your intention
at your Woodhouse Day Spa.*

— The Woodhouse Day Spa Family



*This symbol marks our Woodhouse Signature Treatments
representing our guests' all-time favorites.*

skin care

The Woodhouse signature minkyti

Our age-defying, award-winning facial.

THIS REVOLUTIONARY SEAWEED FACIAL IS A TRULY ME-TIME TREATMENT WITH EXTRAORDINARY RESULTS. A HANDCRAFTED “MINKYTI” MASSAGE TECHNIQUE REGENERATES AND OXYGENATES THE SKIN. FRESHLY HARVESTED SEAWEED LEAVES ARE PLACED ON THE FACE OVER A WARM POULTICE SEAWEED MASK TO NOURISH AND HYDRATE THE SKIN. TO TOP IT OFF, WE ENHANCE THE MASK WITH A RELAXING HEAD, NECK AND SHOULDER MASSAGE.

80 MINUTES, \$145 SERIES OF SIX, \$725

The Woodhouse hydrafacial

LIKE NO FACIAL YOU’VE EVER EXPERIENCED. THE HYDRAFACIAL WILL LEAVE YOUR SKIN GLOWING FOR WEEKS WITH ITS BREAKTHROUGH RESURFACING AND FUSION TECHNOLOGY. THIS NON-INVASIVE TREATMENT INFUSES YOUR SKIN WITH ANTIOXIDANTS, PEPTIDES, AND HYALURONIC ACID AND THE RESULTS ARE IMMEDIATE WITH NO DOWN TIME. AN ANTI-AGING SOLUTION WITH REAL RESULTS PLUS A HEALTHY DOSE OF OUR HANDCRAFTED MASSAGE TECHNIQUES—PRICELESS!

80 MINUTES, \$235 SERIES OF SIX, \$1,175

the pure hydrafacial

THE PURE HYDRAFACIAL PROVIDES GLOWING AND FLAWLESS RESULTS! IMMEDIATELY REDUCE THE LOOK OF FINE LINES AND WRINKLES WITH THIS HYDRADERMABRASION TREATMENT THAT BEGINS WITH A REJUVENATING, DEEP CLEANSING. FOLLOWED UP WITH AN INFUSION OF ANTIOXIDANTS AND HYDRATING HYALURONIC ACID, YOUR SKIN WILL BE RED CARPET READY.

50 MINUTES, \$185 SERIES OF SIX, \$925

the express hydrafacial

OUR NO NONSENSE APPROACH FOR THOSE ON THE GO, THIS HYDRAFACIAL TREATMENT PROVIDES INSTANT RESULTS WITH NO DOWN TIME. AN INFUSION OF INNOVATIVE INGREDIENTS WILL CREATE A HEALTHY GLOW WHILE ADDRESSING ANY TROUBLED AREAS ON YOUR FACE.

25 MINUTES, \$125 SERIES OF SIX, \$625

hydrafacial add-ons

HYDRAFACIAL DERMABUILDER TREATMENT: *Enhances skin elasticity & tone.* \$45

HYDRAFACIAL LYMPHATIC TREATMENT: *Helps to eliminate puffiness.* \$35

HYDRAFACIAL LED LIGHT TREATMENT: *Red and blue light for skin therapy.* \$25

skin care

NEW *the skin fitness facial*

THIS IS THE DEFINITIVE SKIN CARE TRANSFORMATION! THE MOST COMPREHENSIVE SKINCARE TREATMENT AND MAINTENANCE SYSTEM THAT WE OFFER PROVIDES A 24-POINT SKIN CARE ANALYSIS, ULTRASONIC DEEP CLEANSING, CUSTOMIZED EXFOLIATION, MASK AND EXTRACTIONS, INTEGRATED WITH OUR HANDCRAFTED MASSAGE TECHNIQUES, A RELAXING BACK AND SHOULDER MASSAGE IS INCLUDED. FINISHING TOUCHES THAT ARE BETTER EXPERIENCED THAN WRITTEN, YOU WILL END WITH A PERSONALIZED HOME CARE PLAN FOR FLAWLESS, AGELESS SKIN.

80 MINUTES, \$135 SERIES OF SIX, \$675

NEW *restorative stem cell facial*

OUT WITH THE OLD SKIN CELLS AND IN WITH NEW, YOUNG, HEALTHY CELLS! AVAILABLE EXCLUSIVELY AT THE WOODHOUSE, THIS TREATMENT UTILIZES GROWTH FACTORS TO STIMULATE YOUR SKIN'S ABILITY TO PROTECT AND RENEW ITSELF BY REPLACING DAMAGED COLLAGEN AND ELASTIN FIBERS. POTENT ANTI-OXIDANTS WORK TO REBUILD AND REVITALIZE SKIN. SKIN TEXTURE WILL QUICKLY BEGIN TO APPEAR SMOOTH AND SUPPLE, FIRMER AND MORE RESILIENT.

80 MINUTES, \$160 SERIES OF SIX, \$800

timeless anti-aging facial

DARE TO DEFY TIME! IDEAL FOR DEHYDRATED, DRY OR MATURE SKIN, THIS FACIAL DELIVERS VISIBLE RESULTS WITH CUTTING EDGE INGREDIENTS. FIGHT THE SIGNS OF VISIBLE AGING AND REDUCE THOSE WELL-EARNED, FINE LINES AND WRINKLES. YOU WILL LEAVE REFRESHED, AND GLOWING...TIMELESS.

50 MINUTES, \$140 SERIES OF SIX, \$700

restore and firm microderm

THIS UNIQUE TREATMENT ENCOMPASSES THE REFINING BENEFITS OF MICRODERM WITH ALL THE GOODNESS OF OUR FACIAL EXPERIENCE. ENJOY INSTANT RESULTS AS WELL-EARNED FINE LINES & WRINKLES ARE SWEEPED AWAY, ALONG WITH HYPER-PIGMENTATION, AND MINOR ACNE SCARRING — ALL WITH NO DOWN TIME.

50 MINUTES, \$125 SERIES OF SIX, \$625

80 MINUTES, \$160 SERIES OF SIX, \$800

illuminating facial

LIGHTEN UP! REVEAL A BRIGHTER COMPLEXION WITH THIS CORRECTIVE TREATMENT CREATED TO REVERSE THE EFFECTS OF PREMATURE AGING CAUSED BY SUN DAMAGE. LIGHTENS HYPER-PIGMENTATION AND LEAVES YOUR SKIN GLOWING.

50 MINUTES, \$130 SERIES OF SIX, \$650

skin care

NEW *calming rosacea facial*

SOOTHE THE SKIN WITH THIS GENTLE FACIAL THAT MINIMIZES INFLAMMATION AND REDNESS AND HELPS TO STRENGTHEN THE CAPILLARIES FOR SMOOTHER, YOUNGER LOOKING SKIN. WITH REDUCED PUFFINESS AND IMPROVED TEXTURE, YOUR SKIN WILL HAVE A HEALTHY GLOW.

50 MINUTES, \$110 SERIES OF SIX, \$550

refining acne facial

YOUR SKIN WILL FEEL FRESH, CLEANSED AND RE-BALANCED WITH A VISIBLY CLEARER COMPLEXION! DESIGNED TO NOT ONLY TREAT ACNE, THIS FACIAL ALSO CORRECTS THE SIGNS OF DAMAGE FROM BLEMISHES - A TRULY REFINING EXPERIENCE!

50 MINUTES, \$120 SERIES OF SIX, \$600

organic discovery facial

RESTORE CLARITY AND RADIANCE WITH THIS INTRODUCTORY FACIAL. IDEAL FOR THE FIRST TIME SPA-GOER OR A NEW WOODHOUSE GUEST WHO SIMPLY WANTS A TASTE OF THE GOODNESS WE HAVE TO OFFER.

50 MINUTES, \$95 SERIES OF SIX, \$475

NEW *seaweed marine eye compress treatment*

CLOSE YOUR EYES AND IMAGINE COOL, REFRESHING SEAWEED LEAVES AND A LUXURIOUS SCALP MASSAGE! THIS RELAXING AND EFFECTIVE TREATMENT USES SPECIALIZED PRODUCTS RICH IN SEAWEED EXTRACT, GREEN TEA AND VITAMIN C DIRECTED AT SIGNS OF AGING AND PUFFINESS AROUND THE EYES. LEAVE LOOKING AND FEELING RENEWED.

25 MINUTES, \$35

facial enhancements FULL ENHANCEMENT MENU AVAILABLE UPON ARRIVAL

VITAMIN C BOOSTER: *Boost collagen production and plump skin.* \$25

GLYCOLIC POWER PEEL: *Concentrated glycolic peel to reduce fine lines.* \$25

PURIFYING BACK TREATMENT, 25 MIN: *Invigorating steam and exfoliation.* \$30

waxing

EYEBROW	\$15	LIP	\$15	CHIN	\$15
FACE	\$15	SIDE BURNS	\$15	CHEST	\$30
BACK	\$30	ARMS -UPPER	\$15	ARMS -LOWER	\$15
ARMS -FULL	\$30	UNDERARM	\$15	BIKINI	\$30
EXTENDED BIKINI	\$30	BRAZILIAN	\$45	LEGS-UPPER	\$30
LEGS-LOWER	\$30	FULL LEGS	\$45		

NEW *sleep treatments*

IN A BUSY WORLD FILLED WITH TECHNOLOGY, KIDS' SOCCER GAMES, AND STRESSFUL WORK DEADLINES, SLEEP CAN BE CONSIDERED A LUXURY EXPERIENCE. ESSENTIAL TO OVERALL HEALTH AND WELLBEING, A GOOD NIGHT'S SLEEP DOES WONDERS FOR YOUR BODY. TO HELP YOU REST AND REGAIN TIME LOST, THE WOODHOUSE INTRODUCES A COLLECTION OF SLEEP TREATMENTS DESIGNED TO PROVIDE YOU WITH MUCH NEEDED "ME" TIME, IN THE FORM OF REST INDUCING, WELL INTENTIONED SPA THERAPIES. SO TAKE THE TIME TO BE A BETTER, MORE RESTED YOU!

lavender dreams

WHAT DREAMS MAY COME! EXCLUSIVE MASSAGE EXPERIENCE USING WILD CRAFTED LAVENDER AND A MÉLANGE OF SLEEP INDUCING HERBS TO HELP YOU UNWIND, DECOMPRESS AND FOCUS ON MUCH NEEDED REST. USING PURPOSEFUL MASSAGE TECHNIQUES AND RELAXING MEDITATION, YOU WILL WAKE FEELING REFRESHED AND RENEWED!

50 MINUTES, \$90 SERIES OF SIX, \$450

deep sleep massage

THE ONLY ONE OF ITS KIND, THIS DEEPLY RELAXING HEAD, NECK AND SHOULDER MASSAGE USES WARMED ORGANIC AROMATHERAPY OILS SPECIFICALLY DESIGNED FOR LIMITLESS RELAXATION. A CALMING TEA RITUAL FOLLOWED WITH A HEATED HERBAL COMPRESS PLANKED ON TENSE LOWER BACK MUSCLES MELT AWAY STRESS AND TENSION AS YOU FALL INTO A DEEP SLUMBER.

80 MINUTES, \$135 SERIES OF SIX, \$675

blissful night

THE SOUND OF RAIN ON A TIN ROOF! THIS SLEEP INDUCING TREATMENT BEGINS WITH VICHY RAINFALL RELAXATION FOLLOWED BY A DEEPLY COMFORTING BACK, NECK AND HEAD MASSAGE. THE ESSENCE OF SPECIALLY CURATED AROMATHERAPY OILS DESIGNED FOR SLEEP FILLS THE ROOM AND YOU ENGAGE IN INHALATION TECHNIQUES THAT SERVE AS YOUR ENTRY INTO A SERENE, BLISSFUL STATE.

50 MINUTES, \$105 SERIES OF SIX, \$525

the soma

SOMA LITERALLY MEANS "EXHILARATED"—WHICH YOU WILL BE AFTER A PROFOUNDLY RELAXING TREATMENT COMBINING THE ANCIENT ARTS OF REFLEXOLOGY FOOT MASSAGE AND SHIRODHARA SCALP MASSAGE TO CALM THE CENTRAL NERVOUS SYSTEM. THIS AYURVEDIC EXPERIENCE INTEGRATES THE MIND AND BODY TO ACHIEVE A HEIGHTENED STATE OF AWARENESS AND CONTENTMENT.

50 MINUTES, \$90 SERIES OF SIX, \$450

massage



The Woodhouse signature four-handed massage *An award winning indulgence!*

TWO THERAPISTS PERFORM SEAMLESSLY CHOREOGRAPHED, RHYTHMIC MOVEMENTS THAT INDUCE DEEP RELAXATION. THERAPISTS PERFORM A FULL-BODY MASSAGE, REFLEXOLOGY, AND HYPNOTIC SCALP MASSAGE TO CREATE A SENSE OF CALM AND WELLBEING. ORGANIC AROMATIC OIL SOOTHES THE SENSES AND NOURISHES THE SKIN. EMERGE RENEWED AND SERENE.

80 MINUTES, \$230 SERIES OF SIX, \$1,150

volcanic stone massage

A FULL BODY MASSAGE, ENCOMPASSING WARM STONES WITH LIGHT TO MODERATE PRESSURE. EXPERIENCE THIS TIME-HONORED METHOD WHICH BRINGS DEEP, RESTORATIVE REST THROUGH THE PRECISE PLACEMENT OF VOLCANIC STONES. OUR MASSAGE THERAPIST GENTLY GLIDES SMOOTH STONES OVER THE BODY, PROVIDING WARMTH THAT SOOTHES MIND AND MUSCLES, INCREASES CIRCULATION, IMPROVES TONE AND INDUCES TRANQUILITY AND SERENITY.

50 MINUTES, \$110 SERIES OF SIX, \$550

80 MINUTES, \$155 SERIES OF SIX, \$775

110 MINUTES, \$215 SERIES OF SIX, \$1,075

balancing yoga massage

EVOLVED FROM ANCIENT HEALING TECHNIQUES, THIS HARMONIOUS MASSAGE INVOLVES A UNIQUE AND MAGICAL COMBINATION OF DEEP STRETCHING, RHYTHMIC COMPRESSION AND ACUPRESSURE. ALLEVIATE MANY KINDS OF ACHEs AND PAIN INCLUDING PROBLEMS WITH BACK, SHOULDERS, NECK, HIPS, LEGS HEADACHES AND MORE WHILE MUSCLES ARE RELAXED AND LENGTHENED. BE PREPARED FOR INCREASED ENERGY! PLEASE WEAR LOOSE FITTING CLOTHING.

50 MINUTES, \$105 SERIES OF SIX, \$525

deep tissue massage

THIS THERAPEUTIC MASSAGE USES STRATEGIC STROKES TO INCREASE CIRCULATION AND RELEASE MUSCLE TENSION. A COMBINATION OF TRIGGER POINT THERAPY, STRETCHING, SPORTS MASSAGE AND OTHER UNIQUE MODALITIES RELIEVE STRAIN, STRESS AND INFLAMMATION.

50 MINUTES, \$90 SERIES OF SIX, \$475

80 MINUTES, \$145 SERIES OF SIX, \$725

massage

duet massage

ROOM FOR TWO! YOUR VERY OWN BEAUTIFULLY APPOINTED PRIVATE SPA ROOM FOR YOU AND ANOTHER. THE DUET ENCOURAGES UNITY, CONNECTION AND COLLECTIVE CALM. EASE STRESS AND UNWIND AS TWO THERAPISTS PERFORM SIDE-BY-SIDE SWEDISH MESSAGES THAT HELP THE TWO OF YOU RELAX.

50 MINUTES, \$160 SERIES OF SIX, \$800

80 MINUTES, \$250 SERIES OF SIX, \$1,250

swedish massage

THIS CLASSIC STRESS-RELIEVING MASSAGE UTILIZES LONG, FLOWING STROKES TO REDUCE TENSION, INCREASE CIRCULATION AND INDUCE RELAXATION. AN INTRODUCTORY MASSAGE THAT'S GREAT FOR UNWINDING!

50 MINUTES, \$80 SERIES OF SIX, \$400

80 MINUTES, \$125 SERIES OF SIX, \$625

110 MINUTES, \$175 SERIES OF SIX, \$875

relaxing back, neck, and shoulder massage

EASE STRESS WITH THIS FOCUSED TENSION-RELEASING MASSAGE. A THERAPEUTIC BLEND OF ESSENTIAL OILS IS APPLIED TO REMOVE LACTIC ACID AND ELIMINATE CHRONIC DEEP "KNOTS." KNEAD AND RELEASE TECHNIQUES ARE USED TO RELAX THE MUSCLES AND INCREASE CIRCULATION. ARISE RELAXED, YET INVIGORATED.

50 MINUTES, \$80 SERIES OF SIX, \$400

reflexology foot massage

THIS REMARKABLE ANCIENT TECHNIQUE MESSAGES THE REFLEX ZONES OF THE FEET INDUCING DEEP RELAXATION TO THE ENTIRE BODY BY RELEASING THE FLOW OF ENERGY. NOT ONLY WILL YOUR FEET FEEL TERRIFIC, YOU WILL EXPERIENCE INCREASED ENERGY.

25 MINUTES, \$45 SERIES OF SIX, \$225

50 MINUTES, \$80 SERIES OF SIX, \$400

mellow mama

NURTURING FULL BODY MASSAGE FOR MOMS TO BE! USING SAFE AND EFFECTIVE PRE-NATAL TECHNIQUES AND AWARD WINNING PRODUCTS, THIS MASSAGE WILL HELP WITH DEHYDRATED SKIN, EXHAUSTION, AND PUFFY HANDS AND FEET. SPECIAL ATTENTION TO EASING LOWER BACK MUSCLES AND PROVIDING HOME CARE TIPS FOR SKIN FITNESS THROUGHOUT PREGNANCY.

50 MINUTES, \$90 SERIES OF SIX, \$475

80 MINUTES, \$135 SERIES OF SIX, \$675

body treatments

OUR BODY RITUALS ARE INSPIRED AND INTENDED FOR VERY SPECIFIC PURPOSES. WHETHER TO CALM THE NERVOUS SYSTEM, REDUCE WATER RETENTION AND INCREASE CIRCULATION, ENLIVEN THE SENSES OR REDUCE CELLULITE, YOU WILL RETURN TO YOUR DAY FEELING PROFOUNDLY AND MAGNIFICENTLY DIFFERENT.

W The Woodhouse escape *Take a peaceful journey through The Woodhouse experience.*

EXPERIENCE PEACE AND HARMONY OF BODY, MIND AND SPIRIT WITH FIVE SPECIALIZED TREATMENTS. THIS BLISSFUL, HEAD-TO-TOE RITUAL BEGINS WITH A LUSCIOUS BODY SCRUB FOLLOWED BY A VOLCANIC STONE MASSAGE. NEXT, HYPNOTIC NECK AND SHOULDER MASSAGE RELEASE UPPER BODY TENSION WITH OUR EXCLUSIVE SERENE OIL. THIS ESCAPE CLOSSES WITH THE RESTORATIVE ANCIENT ART OF REFLEXOLOGY PERFORMED ON THE FEET.

110 MINUTES, \$185 SERIES OF SIX, \$925

lazy days renewal ritual

LET IT BE A LAZY DAY! SIMPLY THE FINEST ORGANIC SEAWEED, HAND-HARVESTED, THEN PERFECTLY BLENDED WITH DEAD SEA SALT TO CREATE THIS RENEWING RITUAL. AN EXFOLIATING SALT SCRUB REENERGIZES YOU, THEN THE RELAXING WATERS OF THE SEAWEED BATH DISSOLVE THE CARES AND WORRIES AWAY. THE JOURNEY CONTINUES AS YOUR SKIN IS ENERGIZED USING EXOTIC SEAWEED EXTRACTS. SEAWEED BATHS HAVE BEEN USED FOR GENERATIONS IN CARE AND REPAIR OF SKIN AND HAVE SHOWN TO HELP AGAINST THE SIGNS OF AGING AND CELLULITE.

80 MINUTES, \$125 SERIES OF SIX, \$625

organic seaweed leaf wrap

A TRULY AMAZING BODY THERAPY INSPIRED BY THE SEA. FRESH LEAVES OF ATLANTIC SEAWEED COCOON THE BODY TO DETOXYFY, MOISTURIZE, SOFTEN AND REVIVE THE BODY. THE TREATMENT BEGINS WITH AN EXFOLIATION USING FINELY GROUND SEAWEED, WHICH IS FOLLOWED BY A WRAP OF SEAWEED FOR THE BODY. WHILE THE SEAWEED'S MINERALS, VITAMINS AND AMINO ACIDS WORK THEIR MAGIC, YOU WILL BE TREATED TO A RELAXING SCALP MASSAGE.

80 MINUTES, \$155 SERIES OF SIX, \$775

warmed spice mud wrap

SEAWEED FROM THE ATLANTIC OCEAN IS COMBINED WITH PURIFYING ELEMENTS OF PEAT TO PRODUCE A MUD WRAP RICH IN POTENT ANTI-OXIDANTS, MINERALS AND ENHANCED WITH ORGANIC GINGER AND CINNAMON. RESULTS DRIVEN GUESTS WILL LOVE THE IMMEDIATE EFFECTS ON THE SKIN, INCLUDING FIRING AND TONING. A SERIOUS DETOXIFIER, METABOLISM STIMULATOR AND A NATURAL ANTI-AGING BOOST.

50 MINUTES, \$105 SERIES OF SIX, \$525

body treatments

shrink to fit cellulite body wrap

DIMPLE REDUCER AND RESULTS PRODUCER! COMBINES DEEP TISSUE AND LYMPHATIC MASSAGE TO LIFT, TIGHTEN AND TONE YOUR HIPS AND THIGHS. POWERFUL ACTIVES STIMULATE CIRCULATION AND ADD MEGA MOISTURE TO TIGHTEN AND FIRM. BEST IN A WEEKLY SERIES OF 3-6.

50 MINUTES, \$115 SERIES OF SIX, \$575

wild lavender and seaweed sugar glow

THIS TREATMENT USES A MEDLEY OF INGREDIENTS INCLUDING ORGANIC SEAWEED, WILD-CRAFTED LAVENDER BUDS AND ORGANIC SUGAR TO INVIGORATE, EXFOLIATE AND NOURISH THE SKIN. AFTERWARDS, YOU ENJOY A THERAPEUTIC VICHY SHOWER AND SHORT RELAXING MASSAGE WITH A FRESH HYDRATING LOTION. THIS AROMATIC BODY SUGAR SCRUB MELTS TIRED MUSCLES WHILE SOOTHING AND SOFTENING THE SKIN.

50 MINUTES, \$95 SERIES OF SIX, \$475

stretch mark smoother

YES, PLEASE! MINIMIZE THE APPEARANCE OF OLD STRETCH MARKS CAUSED BY PREGNANCY AND WEIGHT FLUCTUATIONS. USING A POWERFUL BLEND OF PEPTIDES, FRUIT AND ALGAE EXTRACTS AND NOURISHING OILS, THIS TREATMENT WILL IMPROVE SKIN TEXTURE AND COLOR. HOME CARE IS A NECESSITY FOR DRAMATIC RESULTS.

50 MINUTES, \$115 SERIES OF SIX, \$575

lavender dreams scalp massage

THIS INTENSELY HEALING AND RELAXING TECHNIQUE BEGINS WITH YOUR THERAPIST POURING A SPECIAL BLEND OF WARM, NUTRITIVE OILS ON THE CENTER OF YOUR FOREHEAD, RELEASING MENTAL TENSION AND RESTORING SERENITY. A SOOTHING HEAD AND SCALP MASSAGE FOLLOWS. THIS UPLIFTING EXPERIENCE ENCOURAGES A STATE OF HEAVENLY WELLBEING.

50 MINUTES, \$80 SERIES OF SIX, \$400

hand rituals

W *The Woodhouse signature hand retreat* *Our most raved-about, detailed manicure.*

THIS TREATMENT IS ABOUT NOURISHING, RECONDITIONING, AND REFINING YOUR HANDS AND ARMS. YOU WILL ENJOY AN EXFOLIATION FROM HAND TO ELBOW, FOLLOWED BY A DEEPLY RELAXING MASSAGE. THEN YOUR HANDS WILL BE LOVINGLY WRAPPED IN WARMED ATLANTIC SEAWEED LEAVES TO HYDRATE, INCREASE CIRCULATION AND NOURISH DRY SKIN.

TO SEAL THE GOODNESS, A LUXURIATING HAND CRÈME WILL BE APPLIED.

50 MINUTES, \$55 SERIES OF SIX, \$275

warm agave nectar manicure

NECTAR AND NATURAL OILS RELIEVE DRY SKIN AND HELP PREVENT THE SIGNS OF AGING. ENJOY THE LIGHT HEAVENLY FRAGRANCE AS HANDS ARE REFRESHED AND HYDRATED.

50 MINUTES, \$45 SERIES OF SIX, \$225

spritzer

OUR CLASSIC MANICURE DELIVERS A SILKY ORGANIC MASSAGE WITH SOOTHING BOTANICALS AND ESSENTIAL OILS. SOFTEN, REVITALIZE AND CONDITION HANDS.

50 MINUTES, \$40 SERIES OF SIX, \$200

immaculate wear

THE WOODHOUSE OFFERS YOU 7, 14, OR 21-DAY WEAR—YOU CHOOSE WHAT WORKS FOR YOU! DURABLE POLISH DESIGNED TO LAST BASED ON NORMAL WEAR CONDITIONS.

7 DAY LACQUER: *Lacquers can withstand average wear.*

INCLUDED

Add Ons:

14 DAY SHELLAC: *The industry leader for long lasting wear can last up to 14 days.** \$10

21 DAY BRISA LIGHT: *Designed for fragile or damaged nails and can last up to 21 days.** \$20

**Actual length of wear may vary. Lacquer times listed above based on average wear and environmental conditions.*

Enjoy two treatments at the same time. Book your mani & pedi together!

foot rituals



The Woodhouse signature seaweed leaf pedicure

Slip into a state of total relaxation.

REFINING YOUR SKIN, THE TREATMENT BEGINS WITH A SEA SALT EXFOLIATION FROM THE KNEES TO THE FEET. ENJOY A STATE OF TOTAL BLISS AS WARM VOLCANIC STONES ARE MASSAGED FROM HEEL TO KNEE FOLLOWED BY REFLEXOLOGY TO INCREASE RELAXATION AND RELEASE ENERGY. A DOUBLE ACTION SEAWEED FOOT MASK AND FRESH SEAWEED LEAF WRAP AROUND THE LEGS REDUCE SWELLING AND SOFTEN TIRED FEET. A TRULY "SOLE"FUL EXPERIENCE!

80 MINUTES, \$85 SERIES OF SIX, \$425

NEW *lavender and seaweed sugar scrub pedicure*

DELIGHTFUL AND INVIGORATING PEDICURE THAT REMOVES LIFELESS LAYERS WITH A HEALTHY REFINING SCRUB THAT QUICKLY RE-POLISHES UNWANTED CALLUSES AWAY. A WARM VOLCANIC STONE MASSAGE EASES FOOT TENSION AND IMMEDIATELY CALMS THE MIND.

50 MINUTES, \$65 SERIES OF SIX, \$325

warm agave nectar pedicure

WARM AGAVE NECTAR WITH A HEAVENLY LIGHT SCENT IS PURPOSELY DRIZZLED OVER THE FEET AND LEGS FOLLOWED WITH A SOOTHING HEEL TO KNEE MASSAGE. RELISH THE EXPERIENCE.

50 MINUTES, \$55 SERIES OF SIX, \$275

the tula

AN EXPRESS MANICURE AND PEDICURE COMBINATION FOR THOSE ON THE GO.

50 MINUTES, \$80 SERIES OF SIX, \$400

lucky legs add on

THE PERFECT ENDING TO ANY FOOT TREATMENT! AN INSTANT BURST OF COOLING ACTION AND INVIGORATING MASSAGE WILL DE-PUFF AND REFRESH SWOLLEN, TIGHT LEGS AND FEET.

25 MINUTES, \$35

nail service enhancements

SEE A FULL MENU OF ENHANCEMENTS WHEN YOU VISIT, TO CUSTOMIZE YOUR EXPERIENCE.

FRENCH POLISH	\$15
POLISH CHANGE	\$20
PARAFFIN TREATMENT	\$15

for The Woodhouse gents

gentlemen's hot towel facial

FOR THE SOPHISTICATED MAN LOOKING FOR A NO FUSS, RESULTS-ORIENTED FACIAL EXPERIENCE. RELAX WITH A TRADITIONAL BARBER HOT TOWEL TECHNIQUE ENHANCED WITH NUTRIENT-RICH PRODUCTS. SKIN IS CLEANSED, TONED AND CONDITIONED AS IRRITATIONS FROM SHAVING OR SUN-EXPOSURE ARE SOOTHED. WE COMBINE THE MASK WITH A LIGHT SCALP MASSAGE.

50 MINUTES, \$75 SERIES OF SIX, \$375

gentlemen's manicure

AN ULTRA-RICH, DEEP TREATMENT MOISTURIZES HANDS AND RELIEVES STRESS AS REFINED OILS SOFTEN, RESTORE AND CONDITION.

25 MINUTES, \$35 SERIES OF SIX, \$175

gentlemen's pedicure

RELAXING AND INVIGORATING PEDICURE WITH A GROOM AND BUFF PAIRED WITH A SOOTHING FOOT AND LEG MASSAGE.

50 MINUTES, \$50 SERIES OF SIX, \$250

gentlemen's volcanic stone massage

A FULL BODY MASSAGE, ENCOMPASSING WARM STONES WITH LIGHT TO MODERATE PRESSURE. EXPERIENCE THIS TIME-HONORED METHOD WHICH BRINGS DEEP, RESTORATIVE REST THROUGH THE PRECISE PLACEMENT OF VOLCANIC STONES. OUR MASSAGE THERAPIST GENTLY GLIDES SMOOTH STONES OVER THE BODY, PROVIDING WARMTH THAT SOOTHES MIND AND MUSCLES, INCREASES CIRCULATION, IMPROVES TONE AND INDUCES TRANQUILITY AND SERENITY.

50 MINUTES, \$110 SERIES OF SIX, \$550

80 MINUTES, \$155 SERIES OF SIX, \$775

110 MINUTES, \$215 SERIES OF SIX, \$1,075

gentlemen's deep tissue massage

THIS THERAPEUTIC MASSAGE USES STRATEGIC STROKES TO INCREASE CIRCULATION AND RELEASE MUSCLE TENSION. A COMBINATION OF TRIGGER POINT THERAPY, STRETCHING, SPORTS MASSAGE AND OTHER UNIQUE MODALITIES RELIEVE STRAIN, STRESS AND INFLAMMATION.

50 MINUTES, \$90 SERIES OF SIX, \$475

80 MINUTES, \$145 SERIES OF SIX, \$725

spend a day with us packages



The Woodhouse experience

The best of everything The Woodhouse has to offer.

YOUR DAY BEGINS WITH YOUR CHOICE OF AROMATHERAPY BATH CURE TO ENLIVEN THE SENSES. NEXT, DRIFT AWAY INTO THE ULTIMATE RELAXATION WITH OUR SIGNATURE FOUR-HANDED MASSAGE, FOLLOWED BY OUR REJUVENATING AND NOURISHING WOODHOUSE SIGNATURE MINKYTI FACIAL. ENJOY A RELAXING SPA CUISINE AND FINISH YOUR EXPERIENCE WITH THE WOODHOUSE SIGNATURE HAND RITUAL AND SEAWEED LEAF PEDICURE.

5 HOURS, 15 MINUTES, \$475

- AROMATHERAPY BATH CURE
- SIGNATURE FOUR-HANDED MASSAGE
- THE WOODHOUSE SIGNATURE MINKYTI FACIAL
- THE WOODHOUSE SIGNATURE HAND RITUAL
- THE SIGNATURE SEAWEED LEAF PEDICURE

two's company

Double the pleasure as you and a guest enjoy a relaxing spa experience.

ENJOY OUR RELAXING SWEDISH DUET MASSAGES, 50 MIN., FOLLOWED BY OUR ORGANIC DISCOVERY FACIALS COMBINED WITH WARM AGAVE NECTAR PEDICURES. EMERGE RENEWED, RE-ENERGIZED AND REFRESHED. A WONDERFUL WAY TO SPEND QUALITY TIME WITH SOMEONE SPECIAL.

2 HOURS, 30 MINUTES, \$415

- TWO SWEDISH MASSAGES
- TWO ORGANIC DISCOVERY FACIALS
- TWO WARM AGAVE NECTAR PEDICURES

organic renewal

Total well-being and renewal are the end result of this holistic package.

BEGIN WITH A THERAPEUTIC ORGANIC SEAWEED LEAF WRAP FOR REMINERALIZING THE SKIN AND ENHANCING CIRCULATION. AN ILLUMINATING FACIAL RESTORES THE SKIN AND OUR SEAWEED MARINE EYE COMPRESS TREATMENT REDUCES DARK CIRCLES, MINIMIZES PUFFINESS AND BRIGHTENS TIRED, STRESSED EYES. FINISH WITH ONE OF OUR MOST POPULAR FOOT TREATMENTS - LAVENDER AND SEAWEED SUGAR SCRUB PEDICURE.

3 HOURS, 25 MINUTES, \$365

- ORGANIC SEAWEED LEAF WRAP
- ILLUMINATING FACIAL
- SEAWEED MARINE EYE COMPRESS TREATMENT
- LAVENDER AND SEAWEED SUGAR SCRUB PEDICURE

spend a day with us packages

spa classics

Reconnect and recharge with this classic head-to-toe experience.

START OFF WITH A RELAXING, THERAPEUTIC SWEDISH MASSAGE, 50 MIN. NEXT, ENJOY AN ORGANIC DISCOVERY FACIAL THAT CLEANSES AND CONDITIONS YOUR SKIN. CONCLUDE YOUR BLISSFUL SPA RETREAT WITH A WARM AGAVE NECTAR PEDICURE.

2 HOURS, 30 MINUTES, \$225

- SWEDISH MASSAGE
- ORGANIC DISCOVERY FACIAL
- WARM AGAVE NECTAR PEDICURE

great expectations

Expectant mothers relieve stress and anxiety and experience restful bliss.

OUR 50 MIN. MELLOW MAMA MASSAGE EASES PREGNANCY ACHES AND PAINS AND AN ORGANIC DISCOVERY FACIAL AND LAVENDER AND SEAWEED SUGAR SCRUB PEDICURE REJUVENATE THE SKIN AND SOOTHE TIRED FEET.

2 HOURS, 30 MINUTES, \$220

- MELLOW MAMA MASSAGE
- ORGANIC DISCOVERY FACIAL
- LAVENDER AND SEAWEED SUGAR SCRUB PEDICURE

spa etiquette

SPA RESERVATIONS

To ensure your preferred appointment time, it is recommended you schedule your spa experience with as much advance notice as possible or at the conclusion of your last experience. Our professional staff allocates time especially for each guest, therefore, a credit card is requested to guarantee these reservations. All spa experiences are subject to availability. Menu service and prices are subject to change without notice. We reserve the right to refuse service to anyone.

SPA ARRIVALS

To begin your spa journey in a relaxed state, we ask that you arrive 15 minutes prior to your scheduled appointment time. For a new guest, please allow 30 minutes to accommodate completion of your guest profile. Spa robes, slippers, private lockers and beverages are provided for your comfort. Delayed arrival will limit the time for your experience, reducing the effectiveness of your treatment and the expectations of your visit. In consideration of other spa guests, service time will not be extended for delayed arrivals, and the full price of your service will be charged. Please notify our staff if there are any special physical or medical needs or conditions they need to consider prior to your services (*i.e. pregnancy, food or product sensitivities or aggressive medications*). We recommend that valuable items be left at home. The Woodhouse is not responsible for lost or stolen items.

SPA CANCELLATIONS OR RESCHEDULING

As a courtesy, you will receive a confirmation of your reservation prior to your arrival. Should the need arise to cancel or reschedule reservations, a 24-hour advance notice is required. A 48-hour advance notice is required for any spa packages and multiple treatments lasting more than 2 hours. Insufficient notice to cancel or reschedule reservations are subject to charges up to full service value. All no show reservations will be assessed a charge at full value of services. Spa Parties are subject to terms of agreement for cancellations.

SPA REQUIREMENTS

We accept guests of all ages, however, some services may require parental release before the services can be rendered. So that all guests may experience a pleasant and peaceful environment, we ask that only those receiving services accompany you to the spa.

SPA PAYMENTS, GRATUITY, AND GIFT CARDS

Payments are accepted in the form of Cash, most Major Credit Cards and The Woodhouse Day Spa Gift Cards. The Woodhouse Day Spa® gift card contains value which may be used to purchase products and services at face value. This card cannot be used to purchase other gift cards. The card must be presented at time of purchase and the available balance will be applied to the transaction. Prices vary by spa and are subject to change without notice. Spa locations are individually owned franchises solely responsible for

any and all gift card liabilities at their respective locations. Redemption of this card is subject to certain restrictions and expirations set by each spa location or state regulation. Should this card be redeemed at another location, the card will be redeemed at face value. This card is non-refundable and may not be redeemed for cash. Any unused balance will remain on the card. This card is not transferable and The Woodhouse Day Spa® is not responsible for any lost, stolen, damaged or unauthorized use of the card. No express or implied warranties apply. Series of services are not refundable, but can be converted to spa credit.

There will be a \$50.00 fee each time a check is returned as well as any incurred charges for collection of payment owed.

Gratuities are not included in the value of the services and are at the discretion of the guest.

SPA PRODUCTS AND RETURNS

In keeping with The Woodhouse Vision, purity and quality are essential elements in our skin and body care products. In the event you are not satisfied with a skin or body care product, you will be given spa credit if the product is returned within 30 days of purchase. For other retail items, a refund will be issued as spa credit or back in the form of which payment was received within 30 days of purchase.

FOR FRANCHISE OPPORTUNITIES VISIT www.OwnaWoodhouse.com

EXPERIENCE

THE WOODHOUSE

day spa®



1110 Market Street, #215
Chattanooga, TN 37402

Chattanooga.WoodhouseSpas.com 423.443.4478

Monday through Friday 10:00 am - 7:00 pm
Saturday 9:00 am - 7:00 pm, Sunday 11:00 am - 5:00 pm